



VIKING PRO ROWER

Commercial Rower in Crafted Wood

First Grade American Ash
Designed For Health Clubs

Perfect Commercial Platform

The Viking PRO achieves a unique synergy of style and strength, using solid timber construction around a central frame of pressure-formed laminate for incredible durability. Attention to detail abounds in both form and function; every machine is made with pride and hand finished to perfection. Designed and crafted to provide years of satisfaction in the toughest environment.

Unparalleled Rowing Performance

Industry best on-water rowing emulation with natural catch and feel. Adjustable resistance at the turn of a dial, to keep health club members challenged and engaged. Our patented twin tank design provides the largest range of resistance to suit the broadest range of users, from deconditioned seniors to competitive athletes. Instantly adaptable to each user, allowing progression as fitness levels and abilities improve.



Add a touch of class to your fitness facility and engage your members in one of the most effective forms of exercise available. Compare the quality of finish, integrity of construction and attention to detail that make the Viking PRO the perfect choice for any commercial location. It's an investment in the satisfaction of your members and is sure to increase the level of participation in rowing exercise within your facility. Make the change and enjoy the benefits.





VIKING PRO ROWER

FEATURES AND BENEFITS

- Adjustable Resistance, from feather light to Olympic challenge at the turn of a dial. Instantly adapts for progressive training, interval training or multiple users.
- No dead spots! Patented twin tank design with triple-blade, stainless steel impeller delivers instant catch and consistent resistance through the entire stroke.
- Deluxe ergonomic handle minimizes strain on hands, wrists and forearms.
- Smooth and silent seat action and seat that shapes to the user, with textured finish to prevent slip. Exceptional comfort assured.
- Easily adjusted footplates with secure heel capture and angled surface under ball of foot to assist leg drive.
- Durable belt drive – smooth, clean, quiet and maintenance free.
- Active recoil system to facilitate rapid stroke rate utilises extended bungee length and 2 x precision one-way bearings.
- Best emulation of actual rowing with the sensory stimulation of the sight, sound and feel of being on the water. Smooth, progressive and satisfying exercise action.
- Multi-level exercise monitor (with USB port for extended functionality): time, distance, 500M split time, strokes per minute, calories per hour, watts, interval training and (optional) heart rate.
- Ethically produced using first grade American Ash from sustainable plantations.
- Simplified assembly and virtually maintenance free.
- Transport wheels at front allow for easy movement.
- Low impact, non-jarring, total body cardio respiratory workout.
- Stores in upright position 550x540mm (22x21") and assembled length 2135mm (84"), width 550mm (22"), height 540mm (21"). Maximum user weight 150kg (330lbs).
- Commercial Warranty: frame – 5 years; tank and seals – 3 years; non-wearing mechanical & all other components - 2 years limited.

