

# The SkillMill

Born from Technogym's experience spanning two decades as official fitness equipment supplier to the Olympics, SKILLMILL™ is the first product allowing everyday athletes to improve their Power, Speed, Stamina and Agility, and enjoy the benefits of professional sports training in a safe, engaging and effective way. A unique solution offering a huge variety of workout routines to train all the body's energy systems and turn your members into peak performers.

