

F817 SEATED ROW

LINE › FreeMotion® EPIC

TYPE › selectorized

MODEL › F817

FEATURE › FreeGrip™ handles



FEATURES & BENEFITS

FREEGRIP™ HANDLES › Handles swivel 360° for various rowing exercises and to accommodate natural wrist movement. They tilt vertically and horizontally for a natural, user-defined range of motion.

UNILATERAL ARM MOVEMENT › Arms move independently for single or two-arm exercises in a diverging movement pattern.

ADJUSTABLE CHEST PAD › To help isolate the upper body and accommodate users with various arm lengths, the chest pad can be adjusted.

SEAT ADJUSTMENT › Seat adjusts to multiple positions to accommodate all user heights.

CABLE › Heavy-duty, ¼" cable is rated to 4,200 lb. minimum tensile strength.

WEIGHT STACK AND INCREMENT SYSTEM › Featuring a 255 lb. weight stack with a 5 lb. drop-down increment weight, the FreeMotion® EPIC Seated Row delivers incredible versatility.

FLOOR PROTECTORS › Made of molded rubber, these guards protect the floor.

SERVICEABILITY › The tower design allows for simple cable service while the removable upholstery allows for easy replacement of wear items.

PRODUCT SPECIFICATIONS

Dimensions (LWH)	68" x 41" x 60" (173 cm x 104 cm x 152 cm)
Weight Stack Configuration	(10) 20 lb. plates (9 kgs) (4) 10 lb. plates (4.5 kgs) (1) 10 lb. top plate (4.5 kgs) (1) 5 lb. increment weight (2.25 kgs)
Product Weight	606 lbs. (275 kgs)
Maximum User Weight	350 lbs. (159 kgs)
Warranty	10 Years Structural Frame 3 Years Bearings, Guide Rods, Pulleys, Weight Stacks 1 Year Cables, Labor 120 Days Upholstery, Handles & Accessories
Bolt Down Strap	Bolt Equipment to Floor