

## F814 PRONE LEG CURL

**LINE** › FreeMotion® EPIC

**TYPE** › selectorized

**MODEL** › F814

**FEATURE** › contoured arm supports



### FEATURES & BENEFITS

**ADJUSTABLE LEG ASSEMBLY** › To accommodate users of various heights, the leg assembly can be adjusted to one of three positions.

**CONTOURED ARM SUPPORTS** › Designed for comfort, arm supports are contoured to help isolate the lower body.

**CABLE** › Heavy-duty, ¼" cable is rated to 4,200 lb. minimum tensile strength.

**WEIGHT STACK AND INCREMENT SYSTEM** › Featuring a 195 lb. weight stack with a 5 lb. drop-down increment weight, the FreeMotion® EPIC Prone Leg Curl delivers incredible versatility.

**FLOOR PROTECTORS** › Made of molded rubber, these guards protect the floor.

**SERVICEABILITY** › The tower design allows for simple cable service while the removable upholstery allows for easy replacement of wear items.

### PRODUCT SPECIFICATIONS

Dimensions (LWH)	67" x 47" x 60" (170 cm x 119 cm x 152 cm)
Weight Stack Configuration	(18) 10 lb. plates (4.5 kgs) (1) 10 lb. top plate (4.5 kgs) (1) 5 lb. increment weight (2.25 kgs)
Product Weight	551 lbs. (250 kgs)
Maximum User Weight	350 lbs. (159 kgs)
Warranty	10 Years Structural Frame 3 Years Bearings, Guide Rods, Pulleys, Weight Stacks 1 Year Cables, Labor 120 Days Upholstery, Handles & Accessories
Bolt Down Strap	Bolt Equipment to Floor