



Innovative
FITNESS

FREEMOTION®



F812 ASSISTED DIP-CHIN

LINE › FreeMotion® EPIC

TYPE › selectorized

MODEL › F812

FEATURE › multi-position handles

FEATURES & BENEFITS

TEXTURED WEIGHT ASSIST FOOT PLATFORM › Platform features Line-X® coating to prevent user's foot from slipping and pivots up for user to exercise unassisted.

MULTI-POSITION HANDLES › Dip handles rotate for different widths to allow for various users. Curved pull-up handles give user options for multiple hand positions and grip widths.

TEXTURED STEP AND PLATFORM › Coated with Line-X®, steps allow users secure foot placement when preparing for exercise.

CABLE › Heavy-duty, ¼" cable is rated to 4,200 lb. minimum tensile strength.

WEIGHT STACK AND INCREMENT SYSTEM › Featuring a 225 lb. weight stack with a 5 lb. drop-down increment weight, the FreeMotion® EPIC Assisted Dip-Chin delivers incredible versatility.

FLOOR PROTECTORS › Made of molded rubber, these guards protect the floor.

SERVICEABILITY › The tower design allows for simple cable service and for easy replacement of wear items.

PRODUCT SPECIFICATIONS

Dimensions (LWH)	66" x 47" x 101" (168 cm x 119 cm x 257 cm)
Weight Stack Configuration	(3) 20 lb. plates (9 kgs) (15) 10 lb. plates (4.5 kgs) (1) 10 lb. top plate (4.5 kgs) (1) 5 lb. increment weight (2.25 kgs)
Product Weight	639 lbs. (290 kgs)
Maximum User Weight	350 lbs. (159 kgs)
Warranty	10 Years Structural Frame 3 Years Bearings, Guide Rods, Pulleys, Weight Stacks 1 Year Cables, Labor 120 Days Upholstery, Handles & Accessories
Bolt Down Strap	Bolt Equipment to Floor

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