

# TRUE

**MULTI STATIONS  
COMMERCIAL  
PARAMOUNT SERIES**

## **MP3.0 3 WEIGHT STACK/4 STATION GYM**



**PREMIUM FITNESS EQUIPMENT SINCE 1981**

### **3 WEIGHT STACK / 4 STATION GYM**

The compact and space efficient MP3.0 Multi-Station includes an Adjustable Cable Column and accommodates 3 trainers on 4 workout stations for a comprehensive full body workout.

 **innovative  
FITNESS**





## MULTI STATIONS COMMERCIAL PARAMOUNT SERIES

Offering premium styling and optimum function, the MP Series represents the best value-priced two, three, and four stack multi-purpose units on the market today. With commercial quality construction and proper biomechanics, MP is the perfect choice for hotels and resorts, corporate fitness centers, police and fire agencies, apartment and condominium complexes.

### MP3.0 3 WEIGHT STACK/4 STATION GYM Stations Include:

#### Leg Extension / Leg Curl

- Four starting positions for both extensions and curls allow users to choose the range of motion best suited to their individual needs
- 5-position back pad and leg curl thigh pad accommodate a wide range of users
- Self-adjusting ankle pad eliminates need for adjustment while providing proper support throughout entire range of motion

#### Upper Body

- Exercise choices include chest, incline, and shoulder presses; lat pulldown and seated row; triceps pushdown and extension; and abdominal crunch
- 8-position press arm and adjustable back pad are color coded for quick and accurate adjustment
- 5-position seat to accommodate wide range of users
- Mid-level pulley includes contoured multi-purpose strap for abdominal and triceps exercises

#### Low Swivel Pulley

- Ideal for wide range of exercises including biceps curl, upright rows, inner thigh, and outer thigh.
- Adjustable Cable Column
  - Dual pulleys pivot freely allowing user defined movements
  - Unilateral cable design accommodates both fitness and athletic style movements with up to 12" / 31 cm of cable travel with one arm and 6' / 183 cm of cable travel with both arms

### Maximum Product Dimensions

96" L x 163" W " x 83.75" H / 244 cm x 415 cm x 213

### Machine Weight

1104 lbs / 500 kgs: includes 3 x 170 lbs / 77 kgs weight stacks

1184 lbs / 537 kgs: includes 2 x 170 lbs / 77 kgs weight stacks and 1 x 250 lbs / 114 kgs weight stack

1264 lbs / 573 kgs : includes 1 x 170 lbs / 77 kgs weight stack and 2 x 250 lbs / 114 kgs weight stacks

1344 lbs / 610 kgs : includes 3 x 250 lbs / 114 kgs weight stacks

### Warranty

TEN YEAR WARRANTY COMMERCIAL PRODUCTS - Frame Components and Welds excluding coatings

FIVE YEAR WARRANTY - Bronze Bushings, Sealed Rotating Bearings, Pulleys, Weight Plates and Guide Rods excluding coatings

ONE YEAR WARRANTY - Cables, Linear Bearings and Shafts and all other components not mentioned elsewhere in this warranty

90-DAY WARRANTY - Normal wear parts including but not limited to Labels, Upholstered Pads and Grips

ONE YEAR WARRANTY - Labor

Warranties outside the U.S. and Canada may vary - Please contact your dealer for details. Specifications subject to change without notice.

