

# 625R RECUMBENT BIKE

## ONE BIKE DOES IT ALL

The Cybex 625 series bikes provide distinct and compelling ways to improve your members' fitness experience, whether they choose the 625C to train for a triathlon, or the 625R as they begin their journey to better fitness.

## CLEAR CONTROLS WITH GREAT ENTERTAINMENT

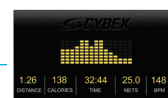
From their stunning good looks to hidden details like its self-tensioning drive, these bikes are designed to invite users of all capabilities and will keep performing for the long run. The console is designed around ease of use with clear centralized controls. Optional technology features include iPod® or iPhone® connectivity, the embedded MYE wireless audio receiver, and the E3 View high definition monitor which offers three viewing modes on a 15.6" embedded display. Exercise is more fun with the latest technology from Cybex.

## RUGGED DURABILITY

With a welded frame made from forged steel, the Cybex 625 bikes have a three-piece heavy-duty mountain bike crank that makes them durable enough for rugged mountain terrain. In a gym setting, this construction translates to low maintenance. Cybex engineers even designed the enclosures so that sweat is directed away from the bike mechanism.



**1** Standard Display



**2** E3 View Optional Display

## SPECIFICATIONS



Product Name	625R
Dimensions (L x W x H)	65" x 25" x 52" (165 cm x 63.5 cm x 132 cm)
Modes of Operation	Constant Power, Bike Mode
Resistance Range	20 – 900 Watts
Drive Type	Single-stage drive with self-tensioning idlers for minimal mechanical drag and low maintenance
Max User Weight	400 lbs. (182 kg)
Power	Self powered, E3 View available in standard AC voltages, optional AC adapter for full time display
Display	Graphic display of profile via 8 x 15 LED matrix; Numeric display of time, distance, calories, calories/hour, METs, Watts, RPM, and heart rate including multi-color indication of heart rate range; Lower display shows road speed and resistance level
Workouts	Quick Start (Manual Mode), four Weight Loss, four Cardio, and Heart Rate Control; Quick Start is facility selectable as "Bike" mode or Constant Power; Weight Loss and Cardio workouts are constant power; Workouts have 21 levels
Entertainment Options	MYE wireless audio receiver; E3 View embedded HD monitor
Made for iPod® Works with iPhone® (Optional):	iPod/iPhone integration with 30-pin connector. Users can easily charge an iPod or iPhone, listen to music, switch tracks, and control volume
Heart Rate Monitoring	Contact Grips and Wireless
Compliance	ETL listed to UL1647, ASTM, EN 957, and CSA; FCC Class B, CE Low Voltage, EMC and RoHS Directives
Color	Available in five standard frame colors or a virtually unlimited variety of custom colors with gray enclosures



CYBEX PRODUCTS ARE DESIGNED AND BUILT IN THE USA

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